

#CATCHYOURBIGFISH

Answering following 4 questions will motivate and inspire you to visualize success in those domains important to you. See clearly where you are right now, where you want to go and which route you have to take to get there. Discover and break the sabotaging patterns that are not helping you and leave behind limiting habits and beliefs for once and for all.

Set and reach your goal. Starting ... now!

(1) What are all the issues you face right now?

Just list them up. Don't be selective yet

(2) What is the most important issue for you to solve?

Don't be scared to name it. Remember that growth only happens outside your comfort zone

(3) How will your life look like if you are able to tackle this one issue?

Don't stop here, write it down and take a minute (or longer) to visualize

(4) What can help you find a new perspective?

Write down some general ideas like reading a book or talking to a mentor or coach. Action is needed to make a change. Start today!

